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Magazine Bhargava Ayurved College, Dahemi

****** Internal Circulation Only



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Principal's Message.....

It is with great pleasure that we are undertaking this project entitled "आयुर-वृत्त " which is a monthly magazine of Bhargava Ayurveda College.

We acknowledge the support, the encouragement, extended for this project by Hon. Bharatbhai Patel chairman & Hon. Viral Thakkar Vice-chairman of Bhargava Ayurveda College.

We are also thankful to all faculty of Bhargava Ayurveda College for providing all documentary support directly or indirectly. This project would not have completed without their enormous help and worthy experience.

This magazine will be published every monthly so all the respected faculties continue your support as well and provide information regarding departmental activities, CME, workshop, medical camp etc.

Thanking you.....

Dr. Swapnil C. Padte Principal Bhargava Ayurveda College

Chairman Vision.....

Bhargava Ayurveda College and Hospital is the epitome of imparting quality Ayurveda as well as medical education. Equipped with 5-star panchakarma setup, modular operation theatre, OPD & IPD setup to deal with Surgical, Gynaec, ENT cases, Pathology Lab with all types of serological and radiological investigations; we are providing essential treatment to patients of all strata of society.

It is my vision that this institute with state-of-the-art infrastructure and motivation to strive for excellence will cement our place as one of the best educational research unit and hospital all over India.

Bharatbhai Patel

Chairman Bhargava Ayurveda College and Hospital

A) Acadaemic Achivements:

1) Student Corner:

FIRST BAMS- YEAR 2020-21								
Rank	1 st Rank	1 st Rank 2 nd Rank						
Name	Miss. Riya Joshi	Miss Khushi Vyas	Miss. Pooja Rajput					
SECOND BAMS- YEAR-2019-20								
Rank	1 st Rank 2 nd Rank		3 rd Rank					
Name	Miss Twinkal Shah	Shah Mr. Heemansu Patel Mr. Pritam Soni						
THIRD BAMS- 2018-19								
Rank	1 st Rank	2 nd Rank	3 rd Rank					
Name	Miss Darshi Patel	Darshi Patel Miss. Nidhi Panchal Miss. Sh						
FOURTH BAMS- 2020-2021								
Rank	1 st Rank	2 nd Rank	3 rd Rank					
Name	Miss Kamala Chaudhari	Miss.Prarthna Patel	Miss. Dharini Patel					
	BEST BATCH OF TH	Second Year BAMS						
BEST S	STUDENT	Miss Darshi Patel						

2. APPRECIATION:

"VISHIKHA-2022"

National Webinar on Enhancing Mental Health Through Panchkarma Therapy was organized By G. J Patel institute of Ayurveda studies and research institute Anand Gujarat in 2022, Where in Nasya Catagory, Miss. Dharini Patel, Final Year Student of our college got first prize and In Abhaynga Catagory Miss. Hitanshi Patel, Final Year Student of our college got Appreciation certificate.

3. Faculty Corner:

Total No. Of Publication/Article	70
No of Faculty Complete/Scholar for Ph.D.	15
No. of RAV CME Attended by Faculty	25

B) Blood donation camp:

Blood donation camp was arranged in Bhargava Ayurveda College sponsored by **Indian**



RED CROSS Society, Anand district. 100 delegates donated the blood.



C) Departmental Activities

WORKSHOP:

Practical Exposure of Chyavanprash Avaleha

The department of RSBK Dravyaguna and conducted workshop "Practical on of exposure Chyavanprash avaleha" on 27th, 28th December 2022. The workshop was started at 9.30 am with welcoming the Dhanvantari and delegates Stavan by Students. Hon. Bharat Patel, Dr. Swapnil Padte was the chief guest for this workshop. Fresh raw drug was collected from field near by college.

Dr. Laxman Hemade, Dr. Pravin, Dr. Tejal Gopani & Dr. Sandhya Barad was the speakers for the sessions. Dr. Mahesh Patil & Dr. Renuka Raokhande was the chairperson for the sessions. At the end of second session live exposure of chyavanprasha avaleha preparation held. More than 150 delegates participated in the workshop. certificates were the Speakers, issue to

Chairperson and all the participants.



2) Forensic visit:

As the part of academic curriculum department of Agadtantra Vyavahar Ayurveda Evum Vidhi Vaidyak visited Anand civil hospital for the post mortem visit. Total 38 students visited post mortem.

3) Workshop:

"Hands on Training on Panchakarma Procedure & Kriyakalp" the Department of Panchakarma and Shalakya Tantra conducted National Level workshop on Hands on Panchakarma Training on Procedure & Kriyakalp on 23, 24, 25 January 2023. Dr. Lokesh Patankar, Dr. Abhay Kanabar, Dr. Renu Raokhande and Dr. Vishwalata Dhole the was

Speaker for The Workshop. All The expert given the wonderful lectures as well as given live demonstrations of Panchakarma procedures & Preparation of Various Kriyakalpa as well as Basti Kalpana.

Procedures were demonstated are Ksheerodhara, Shiroabhyanga, mukhabhyanga, Paadabhyanga, Shiropichu, Utsadan, Udgharshan, Talam,

Talpottichil, Tarapan, Anajan, Hanu Basti. Aschotana, Parisheaka, Vidalaka, Pindi, Kaval, Anna Kalapana like Peya, Vilepi, Yush etc. The Workshop ended at 6.00 Pm after Vote of Thanks. More than 120 Delegates were Participated in The Workshop. Certificates were issue to The Speakers and all the Participants.



D) Sports and Cultural Events:

The Sports and cultural event SHIVAY 2023" were celebrated at Bhargava ayurveda College premises. It was weeklong program from 19th to 24^{th} december 2022. The Programme commented with the lightening of the ceremonial lamp and dhanwantari poojan by Chief Guests Hon. Chairman Bharatbhai Patel, Vice-chairman Viral Thakkar, Mr. Mehulbhai Patel & Principal Dr Swapnil Padte.

The events of the day long programs different include sports included Cricket. Hollyball, kabaddi, kho-kho, badminton, table Carrom, tenis etc organise by sports committee Dr. Gaurav Londhe. Dr. Shilanand Dhole, Dr. Sushant Mhatre and Dr. Kaushal Patel. Cultural event like Rangoli, one minute. fish-pond, dance. singing, drama, treasure hunt and antakshari competitions to place under the guidance of

cultural committee Dr. Abhay Kanabar, Dr. Lokesh Patankar, Dr. Dhanwantari Jha & Dr.Sandhya Barad.



E) Medical Camp:

The Bhargava Ayurveda College arranged the free Medical Camps near the Anand city with free Distribute medication to the patient. Dr. Sarika Dange incharge of the medical camps. Around 500 patients were checked and distribution of ayurvedic medicine was done in current month.



Day	Place	Consultant	M. O.	Interns	No.of Pts. Examined
04/1/202 Wednesday	Napa Talpad	Dr.Swapnil Padte Dr. Drushti Chavhan Dr. Sushant Mhatre	Dr. Neha Dr. Srushti	Dr.Anuja, Dr.Dharini, Dr.Nitin, Dr.Hitanshi, Dr.Dhruv, Dr.Nihar	84
06/1/2023 Friday	Asodar	Dr. Sarika Dange Dr. Laxman Hemade	Dr. Mamata Dr. Roshani	Dr.Kamala, Dr.Farhin, Dr.Kunal, Dr.Jaimeen, Dr.Dhruv P,Dr.Kaushal	63
09/1/2023 Monday	Davol	Dr. Sarika Dange Dr. Snehal Patil	Dr. Satish Dr. Srushti	Dr.Anuja, Dr.Dharini, Dr.Nitin, Dr.Sarthak, Dr.Dhruv B, Dr.Swati	44
12/1/2023 Thursday	Borsad	Dr. Bhushan Bhakkad Dr. Shrawan Kambale	Dr. Roshani Dr. Mamata	Dr.Dhwani, Dr.Dharini, Dr.Darshan Dr.Purvik, Dr.Isha, Dr.Saurav,	150
17/1/2023 Tuesday	Khadol	Dr. Lokesh Patankar Dr. Sandeep Patil	Dsr. Satish Dr. Neha	Dr.Ronak, Dr.Dhruv P, Dr.Farhin, Dr.Hitanshi, Dr.Kamala, Dr.Nihar	60
21/1/2023 Saturday	Mogar	Dr. Gaurav Londhe Dr. Sushant Mhatre	Dr. Roshani Dr. Shrushti	Dr.Raunak, Dr.Hitanshi, Dr.Darshan Dr.Sarthak, Dr.Dhruv B, Dr.Kaushal	96

F) NSS Activities:

Under the national Services Scheme Special NSS camp was arranged at. /Po. Pamol Tal. Borsad Dist. Anand for 7 Days between 2 to 8 January 2023 by the program officer Dr. Bhushan Rane, Dr. Hetal Patel and Dr. Jaysinh Gohel. Blood donation camp was arranged under the NSS program. Around 30 people donated the blood. Free clinical check-up & medication distribution was organized under

NSS. Around 300 patients were checked in different clinics by specialist consultant.

Suwarnaprashan camp, Plantation, Medicinal Tree General health, as well pandemic awareness, Swacchata Abhiyaan program were arranged under NSS activities. A lecture hygine of women

awarnes was conducted for the girls of 7^{th} and $8^{\text{th std.}}$



G) Orientation Program:

The first batch of internship started from November 2017 in Bhargava Ayurveda College & hospital. Orientation program was held under the guidance of Internship Committee Dr. Shrawan Kambale, Dr. Bhushan Bhakkad & Dr. Drushthi Chauhan on 28th & 29th November. The program

started by introductory was session by Dr. Sandeep Patil. All consultant Doctors the enlightented the sessions with their effective lectures on Scope of Ayurveda, Diagnosis, Medical Ethics, Emergency, Surgical Procedures, Panchakarma & yoga.



H) Achivements For Sports at University Level (GAU):

Ayurved Gujarat University, Jamnagar "33rd Khelkud Sammelan" organized by Morarji desai institute of naturopathy and yogik science, Vadodara, at M.S. University ground, near Rosary school, Pratapganj, Vadodara on 5&6 January 2023. "33 Khelkud Sammelan". The student of Bhargava Ayurveda College actively participated in Sports like Long Jump, Athletics, Golaphek, Triple Jump, Jugling

through. Total 15 students participated in 33 khelkud samheln. Best performer for boys at 33 khelkud samhelan was awarded to our sybams student Vikshant Bhuva and also, we got 1 Trophy 2 gold and The sports 2 silver medals. committee member Dr. Gaurav Londhe, Dr. Shilanand Dhole, Dr. Kaushal Patel and Dr. Sushant Mhatre gave important guidance to motivate participant.



Editorial Committee Faculty Bhargava Ayurveda College

- Dr. Laxman Hemade
- Dr. Sushant Mhatre
- Dr. Monika Patwari

J) College Committees -2022-23

1) Disciplinary Committee

Dr Chintan Malakiya (Head) Mr. Jaysinh Gohel Dr Sandhya Barad Dr Snehal Patil Dr Gaurav Londhe

2) Exmination Committee

Dr Mayur Patel (Head) Dr Sandeep Patil Dr Tejal Gopani

3) Library & Website Committee

Dr Laxman Hemade (Head) Dr.Sushant Mhatre. Dr Monika Patwari

4) Research Activity (Cme, Workshop,) Committee Dr Pravin Jawanjal (Head) Dr Renu Raokhande

Dr Dhanwantari Jha Dr Lokesh Patanakar

5) Sports Committee

Dr Gaurav Londhe (Head) Dr Sushant Mhatre Dr Kaushal Patel Dr Shilanand Dhole

6) Cultural Committee

Dr Abhay Kanabar (Head) Dr Dhanwantari Jha Dr Sandhya Barad Dr Lokesh Patankar

7) National Services Scheme Committee Dr Bhushan Rane (Head) Dr Hetal Patel Mr. Jaysinh Gohel

8) Women Anti-Harassment Committee

Dr Tejal Gopani (Head) Dr Hetal Patel Dr Vishwalata Dhole Mrs Vinita Patel

9) Hospital Management Committee.

Dr Sarika Dange (Head) Dr Shrawan Kamble Dr Lokesh Patankar Dr Vishwalata Dhole

10) Internship Committee.

Dr Shrawan Kamble (Head) Dr Bhushan Bhakkad Dr Drushti Chauhan

11)Anti Ragging Committee

Dr Swapnil Padte (Principal) Dr Jayantibhai Vaghela Dr U.K. Dave Dr Mahesh Patil Dr Mayur Patel Dr Chintan Malakiya Mr Mukesh Jethva (Advocate) Darshi Patel, Ustav Patel (student)